



Al-Anon Family Groups

Help and hope for families and friends of alcoholics

Dear Loners,

Good day from a warm Spring day in KZN with the usual wind blowing. September brings us change in weather, flowers blooming, grass growing, much needed rain, and the sounds of early morning bird song. What more could we ask for besides Peace and

Serenity 🙏🌻🌺🌷🦋

It's so good to be free to Socialize and enjoy being with family and friends now that masks are off and lockdown is a thing of the past.

We had a Fundraiser at the Barnyard Theatre with the music of 'Freddy Mercury' and Queen. The Bee Gees, and ABBA. An awesome afternoon with fellowship, friends and fun. We sang

and danced and really enjoyed just being free to mix with people again 🎉🎊
KZN held their first Face to Face RSS (Regional Service Seminar) where we Workshopped the Concepts, had a Finance Presentation, did Conflict Resolutions using your Traditions and our fun item was a Collage made by 4 teams using the Theme of Serenity. Very good fellowship day and very enjoyable time was had by all the Members.



One of The Collages made by myself and team no.1 we cut out pictures and Peggy placed them on the Board and Heather presented ours to the Members with an explanation of each picture.

AL-ANON FAMILY GROUPS KZN AREA

Room 405, 4th Floor
Doone House
379 Anton Lembede Street
Durban
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Uthica Arjun(Area SB Member) Selvie Pillay(Area Chairperson)



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Our New Area Service Members were voted in during August and a few confirmed for a further year.

Area Chair - Selvie P

Area Service Board Member- Uthica A

Member Services Delegate- Sunitha M

Public Outreach Delegate - Ramanie M

Finance Delegate- Nisha S

Literature Co-ord. - Devegie D

Fundraiser - Pinky C

Loners Co-ord. - Lindsay S

WOW Co-ord. - Logas M

Warm Welcome to our 2 New Delegates
Ramanie and Nisha S

A Public Outreach workshop was held on Zoom and was very well attended. It's so good to see KZN Public Outreach is back in action, headed by Ramanie and Pam. We are running Al-Anon meetings in 2 Rehabs again in Durban. Chooselife and ARCA. I'm really pleased to see PO growing again. It's a lot of hard work from dedicated Members willing to Spread the message of Al- anon to the still suffering families.

The Book Club on Zoom is held on a Sunday at 3pm and it's a wonderful opportunity to get to read and study our literature. We have been reading so many of our books and sharing our ESH with each other. It's been a wonderful way of finding a new understanding of books we've had on our shelves, some for years, others are new books like Many Voices, One journey the History of AL-ANON from the beginning, explaining Lois's vision and how Al-Anon's Steps/Traditions and Concepts came about.
I.D. 5356775411 Password 127700

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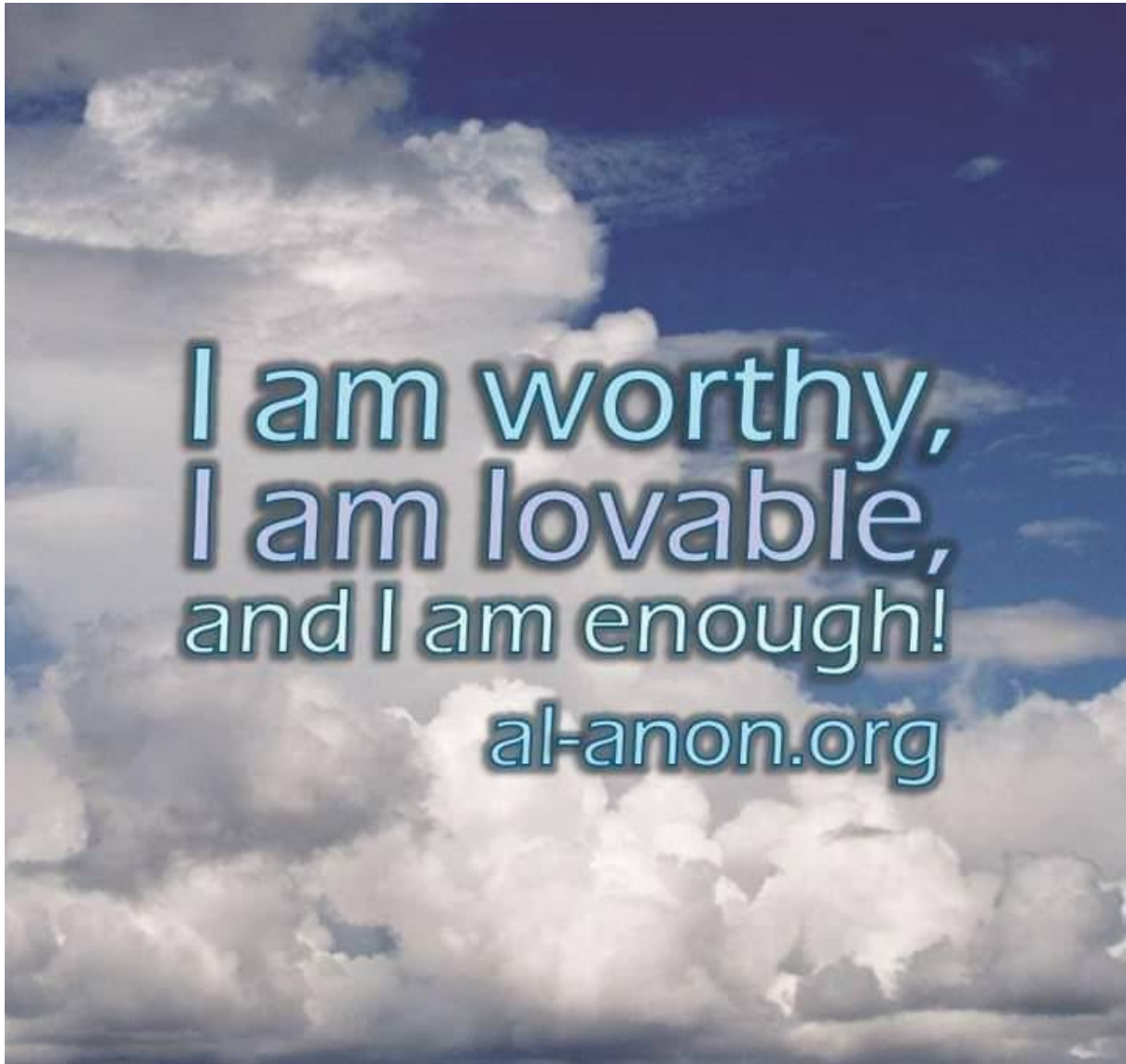
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Remember to 'Keep it Simple' and 'Easy Does it' and 'Just for today' I will 'Let Go and Let God' and remember to 'Live and let Live' before I lose my SERENITY 🙏

God Bless you,
Lindsay S
Loners Co-ordinator

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