

AVAILABLE NOW!

## Al-Anon Pamphlet Combos

### About Al-Anon

- \* Tell Me About Al-Anon R2.50
- \* This is Al-Anon R10.00
- \* Three Views of Al-Anon R8.00
- \* Acronyms Bookmark R3.00
- \* Information For The Newcomer R8.00
- \* Al-Anon Spoken Here R8.00
- \* Purpose and Suggestions R7.00
- \* Why Anonymity in Al-Anon R9.00
- \* Twelve Steps and Traditions R18.00
- \* Sponsorship: Working Together To Recover R11.00
- \* The Concepts R24.00
- \* Twelve Traditions Illustrated R27.00



**Total Package R135.50**

### Personal Freedom

- \* Doubting Your Sanity? R5.00
- \* Understanding Ourselves & Alcoholism R6.00
- \* Detachment R1.00
- \* Freedom From Despair R7.00
- \* Just For Today Al-Anon Wallet Card R3.00
- \* Serenity Prayer Bookmark R2.50

**Total Package: R24.50**



### For The Family

- \* Alcoholism Merry-Go-Round Named Denial R18.00
- \* Alcoholism The Family Disease R22.00
- \* A Guide For The Family of the Alcoholic R8.00
- \* How Can I Help My Children? R20.00
- \* Purpose & Suggestions R7.00
- \* Understanding Ourselves & Alcoholism R6.00
- \* Serenity Prayer Bookmark R2.50

**Total Package: R83.50**



### Adult Children of Alcoholics

- \* Al-Anon Family Groups Welcome Adult Children of Alcoholics R2.00
- \* Al-Anon Sharings from Adult Children R21.00
- \* Alcoholism the Family Disease R22.00
- \* Al-Anon, You and the Alcoholic R11.00
- \* Did you grow up with a problem drinker? R1.00
- \* Detachment R1.00
- \* Doubting Your Sanity R5.00
- \* Just For Today R3.00

**Total Package: R66.00**



### For The Partner

- \* Does She Drink Too Much? R8.00
- \* Al-Anon is for Men R7.00
- \* So, You Love An Alcoholic R8.00
- \* Al-Anon, You and The Alcoholic R11.00
- \* What do you do about the Alcoholic's drinking? R9.00
- \* Detachment R1.00
- \* Just For Today Al-Anon Wallet Card R3.00
- \* Serenity Prayer Bookmark R2.50

**Total Package R49.50**



### FOR PARENTS & GRANDPARENTS

- \* To The Mother and Father of an Alcoholic R18.00
- \* Hope and Understanding For Parents and Grandparents R24.00
- \* Doubting Your Sanity? R5.00
- \* Detachment R1.00
- \* Just For Today Al-Anon Wallet Card R3.00
- \* Serenity Prayer Bookmark R2.50
- \* What Do You Do About The Alcoholic's Drinking? R9.00
- \* A Guide for The Family of the Alcoholic R8.00

**Total Package R70.50**



For these and all your Conference Approved Literature (CAL) needs,  
please contact Gail at the Cape Area Office.

Office hours are Monday to Thursday 9am to 2pm; and  
Fridays 9am to 1pm.

Contact details below:

Al-Anon Family Groups Cape Area

Contact Person: Gail Smith, Office Administrator

Address: Unit B5, N1 City Mews, Manus Gerber St, Goodwood

Telephone: 021 595 4517

Email: [alanonct@iafrica.com](mailto:alanonct@iafrica.com)

Website: [www.alanon.org.za](http://www.alanon.org.za)