

CAPE AREA NOTICE BOARD

EDITION 6-2018

Events

Planner

Fund
Raisers

Rallies



Snap here to pay

SnapScan

FROM THE OFFICE:

Members' enquires: office hours
9:30 – 11:00am

TRADITION SEVEN is a multi-faceted tool, working for the health of the member, group, area and Al-Anon as a whole.

For direct deposits: **ABSA Bank**
Account No: 407 321 5579
Branch No: 632005 (N1 City)
Al-Anon Family Group Cape Area
Please add the group/your name
Bank charges on deposits are
most cost effective in this order:

1. EFT
2. At the ATM
3. SnapScan
4. Cash deposit in the bank

AL-ANON SOUTH AFRICA

<https://www.alanon.org.za/>

<https://www.alanon.org.za/podcasts-news-2/>

<https://al-anon.org/resources-for-professionals/>

AL-ANON WORLD SERVICE OFFICE

<https://al-anon.org>

<https://al-anon.org/for-members/>

ANNUAL PLANNER 2018

2018 - Date	Meeting	Venue
17 November	Area Assembly/Year end	TBA

MINI CONVENTION

28 October 2018

Portlands Indoor Centre,

Cnr. Hazeldene &

Marydale Road,

Portlands, Mitchell's Plain

Registration R 70



AL-ANON FUN WALK

Watch this space

1 December 2018



The Notice Board is published by:
The Cape Area Office,
PO Box 13810, N1 City, 7463
021 595 4517
alanonct@iafrica.com

We would love to hear your ideas on bringing the "fun;" into Fund Raiser:

1. what can be done to make our fund raisers more fun?
2. is there something you like to do?
3. is there something you can organise?
4. is there someone you know that can help?
5. can we do something in your area?
6. do you want to be part of the committee?
7. do you know how to raise funds within an organization?
8. ask yourself, how can you help us to help you in raising funds for Al-Anon?



JONKERSHOEK SUMMER

RALLY

23 – 25 November 2018

Groot Drakenstein

Cultural Centre, Paarl

Day Visitor: R 70

Weekend: R550